

# EJACULATION DISORDER

There are two common types of ejaculation disorders experienced by sexually active males.

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## Premature Ejaculation

### Cause

- There are a number of individual causes for premature ejaculation, the problem is often long term and may date back to adolescence.
- This is a medical condition and can become worse if untreated as frustration arises.

### Symptoms

- Early ejaculation - before you or your partner desires you to do so.
- Lack of control over ejaculation.

### Treatments

- There are a number of advertised treatments for this condition, however most are usually not effective in the long term.
  - A modified sensate focus therapy along with medication, if needed, is used at the Health Institute for Men and this has been proven to have lasting results.
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## Delayed Ejaculation

### Cause

- Psychological or physical causes such as nerve problems or medication side effects.

### Symptoms

- Delayed or no ejaculation during intercourse.

### Treatments

- It is important to investigate the cause of this problem, once this is defined appropriate treatment will be discussed and can usually effectively deal with the problem.

If you have signs/symptoms or concern of ejaculation disorders or would like to book for a health check up, please contact Dr Michael Gillman.