

PROSTATE DISORDERS

Prostate disorders are common in older males. Most males over the age of 45 will have some form of enlargement of the prostate gland. Symptoms of prostate enlargement are not usually evident until after the age of 50.

Cause

- Usually associated with age.

Symptoms

- Frequency of urine.
- Urgency to urinate.
- Urinating during the night.
- Difficulty starting the stream of urine.
- Tendency to dribble after urinating.
- (The above symptoms of swelling of the prostate are usually benign (non-cancerous).

Treatments

- The prostate can be checked by physical examination and by blood tests.
- Any abnormality can be further investigated by more sophisticated testing.

If you have signs/symptoms of a prostate disorder or would like to book for a health check up, please contact Dr Michael Gillman.